

# Celebrations

01822 613666

## RUBY WEDDING

**Denny & Brenda HOOPER**  
 Congratulations on your Ruby Wedding Anniversary on the 20th October 2013  
 Love from Claire, Eddie, Steve, Lucie and Grandchildren



## DIAMOND WEDDING

**Jim & Nita KEAST**  
 Love and congratulations on your 60th Wedding Anniversary on 17th October  
 Enjoy your special day John, Peter and Elizabeth and all the family

## BIRTHDAYS



### HAPPY 60TH BIRTHDAY

18th October



"You're 'avin a laugh ref'!!  
 Sheena, Pop, Lee, Mark, Paul, Millie and Kathy x

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# Ending cyclepath's missing link will be boon for disabled

by John Hutchins

WORK continues on the completion of 'the missing link' in the Granite Way near Okehampton — and it cannot come fast enough for cycle enthusiast Tom Pales.

Devon County Council is creating a cycle/walkway on a more direct off-road section from Southerly to Station Road, Bridestowe, which follows the former Southern region railway line where possible and will replace the interim route, which is on-road.

Passionate about promoting the virtues of the Granite Way to enhance the quality of people's lives Tom is founder of Freetrike, a service offering one-to-one cycle coaching for individuals with disabilities in Devon, giving those people freedom to challenge their condition through cycling.

The Granite Way is entirely off-road for six miles between Okehampton and Lake Viaduct, with additional off-road sections towards Lydford.

The mainly traffic-free cycle/walkway between Okehampton and Lydford is part of the National Cycle Network, route number 27, on the Devon

'Coast to Coast' between Ilfracombe and Plymouth. Much of the way is within Dartmoor National Park.

It is ideal for families and those new to regular cycling and Tom wants to see more people with disabilities take up the challenge.

Tom, aged 37, who also worked for the county council as a cycling development officer and a national standard cycle instructor, started Freetrike following his own father's stroke in 2001. To start it he gave up a job in property management in London to move down to Devon with his wife Jess, a doctor.

His father, William, then lived in Lydford and loved using the Granite Way on his Freetrike, although he now lives in a residential home in Mary Tavy.

Tom said: 'Freetrike uses specialist cycle equipment on local traffic-free paths to give people freedom to enjoy the outdoors, all year round.'

'Three of my current clients have also suffered strokes and are wheelchair bound. Ben, a farmer from Silvertown near Exeter, had a stroke three years ago and rarely leaves his kitchen. Ben rode 235 miles from September last year to



● Tom and his father, William, using the Granite Way from Lydford, where he lives, to Station Road, Bridestowe, where the new section is due to open.

September this year.

'When Devon County Council open the missing section of the Granite Way many current and future clients will benefit greatly from this work.'

The scheme is being funded by Devon County Council's Strategic Cycle Network budget, with £20,000 of the total

coming from Dartmoor National Park Authority's Sustainable Development Fund.

Cllr Stuart Hughes, Devon County Council cabinet member for highways, said: 'Work is progressing well on the long awaited missing link in the flagship Granite Way. We hope to finish

the scheme this winter, which will complete the nine-mile Granite Way from Okehampton to Lydford and is likely to lead to more use of the whole trail.'

For more information on Freetrike see [www.freetrike.co.uk](http://www.freetrike.co.uk) or call Tom Pales on 07957 647675.

# Bumper Food Event from moor's farmers

ALL the best of Dartmoor's produce will be on display at Postbridge Village Hall on Sunday (October 20) with the bumper Food Event from Meat Dartmoor.

Meat Dartmoor is a group of independent Dartmoor farmers, established in 2004.

Spokesperson Sue Martin said: 'We all feel it is very important that as farmers we are open and honest in talking to the general public.'

'On display at the Food Event which be held in the hall between 10am to 3pm there will be lots of local stalls, with Dartmoor Meat, Honey, cakes, bread, vegetables, jams, pickles, fudge, cheese, apples.

Sue added: 'Following the success of our food event last year we have decided to repeat it again this autumn. There will be no celebratory chefs teaching you how to cook expensive fillet steak or something that will be difficult for you to source; instead the Meat Dartmoor Wives will help you learn how to cook with the cheaper cuts of meat and what to buy.'

It will be family friendly with light refreshments available and free admission.

Further details from Sue on 01822 880223 or [www.meatdartmoor.co.uk](http://www.meatdartmoor.co.uk)

# Win a family Winter Pass to Devon's Crealy Great Adventure Park

We have teamed up with Devon's Crealy Great Adventure Park to offer four lucky readers a chance to win a family Winter Pass for 2 adults and 2 children to enjoy unlimited access throughout October, November and December to the South West's No. 1 family day out, including their week of spooktacular activities and events throughout Halloween half term.

Devon's Crealy Great Adventure Park has something for everyone with 75,000 square feet of indoor play. Preschool children will be in their

element at Buddy Bear's Kingdom where they can join Buddy and Blossom in their home to scramble, clamber and crawl in the soft netted play areas. Head to the Animal Kingdom where you can meet some of the friendliest animals, feed the chickens and goats or groom one of the adorable miniature ponies. The Adventure Zone offers an abundance of fun with exhilarating slides, aerial walkways, climbing nets and rope swings. For more information, please visit [www.crealy.co.uk](http://www.crealy.co.uk).



For your chance to win this amazing prize, simply answer the following question:

What are names of the two Crealy mascots?

A: Buddy and Blossom Bear  
 B: Friend and Flower Bear  
 C: Pal and Petal Bear

Entries to:

Tavistock Times Gazette

14 Brook Street

Tavistock PL19 0HD

Entry deadline:

Wednesday, 23rd October



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**Milton Abbot Community Group**

**Halloween Disco**  
 26th October  
 Lamerton Village Hall 5 - 7pm  
 Adult party from 8pm - late  
 Licensed Bar and Disco

*'Hotel Endsleigh are kindly sponsoring this event'*

This Voucher entitles the bearer to a free drink at the bar at the:  
**MACG Halloween Disco on 26th October**  
 at Lamerton Village Hall  
 Voucher must be redeemed between 8-9pm  
 by an adult having paid the full admission fee  
 Photocopies will not be accepted and only one voucher per person

**Be in with a chance to Win a Hot Air Balloon Flight for 2 including a glass of bubbly!**

Raffle tickets available from the Tavistock Times office or the Okehampton Times office.

£1 per strip

ALL profits to **BREAST CANCER RESEARCH.**

Tickets Valid for 12 months, various launching pads across the UK.

Draw to take place on Friday 1st Nov

**Milton Abbot Community Group (MACG) would like to thank all the readers of the Tavistock Times many of whom have supported us over the last 5 years.**

We are a small voluntary community group that strives to give our community a focal point for the local families to meet and have the opportunity to enjoy the outdoor facilities available.

Last year we were granted an award from Biffaward and supported by West Devon Borough Council and we succeeded in erecting a play park in Milton Abbot for all to enjoy all year round.

Due to being a small independent group we have high ongoing running costs which we rely on local families and businesses to help us meet these costs each year. As well as the regular events which help us to pay for ongoing insurance and safety inspections which are necessary to keep the playpark open we will be running a Community Lottery which will give lucky gamblers the chance to win £50 every month for a small annual stake of £12.

To sign up for this please telephone 01822 870124 or go online to [www.macg.btck.co.uk](http://www.macg.btck.co.uk) where more details of our group can be found.